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The power couple welcomes twins Ella and Alexander. 12



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What are the scariest movies of all time? 13

How Winzone dominated Queens real estate. 16



HOW TO BEAT

TERRORPHOBIA

One psychologist has a strategy to help handle the uncertainty and random violence of our world. 4-5

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MAN SHOT IN PARIS AFTER ATTACKING POLICE

1 A man armed with a hammer shouted "This is for Syria" before attacking police officers on Tuesday outside France's Notre Dame cathedral in Paris, the interior minister said. The assailant wounded one officer before he was shot and wounded by other officers. The Paris prosecutor's office swiftly began a counterterrorism investigation. Interior Minister Gerard Collomb said the attacker was carrying the



identification card of an Algerian student. He said preliminary information indicated the

attacker had acted alone. Dozens of armed police sealed off the area and the cathedral in central Paris that is visited by millions of tourists every year was locked down while the security forces secured the area. **REUTERS**

TRUMP BLOCK OF TWITTER USERS VIOLATES RIGHTS

2 A free-speech institute on Tuesday sent a letter to President Donald Trump demanding the prolific tweeter unblock certain Twitter users on grounds the practice violates the First Amendment of the U.S. Constitution. Trump's @realDonaldTrump account recently blocked a number of accounts that replied to his tweets with commentary that criticized, mocked or disagreed with his

actions. Twitter users are unable to see or respond to tweets from accounts that block them. The Knight First Amendment Institute at Columbia University in New York said in its letter that the blocking suppressed speech in a public forum protected by the Constitution. The White House did not respond to a request for comment. Twitter Inc. said it had no comment. **REUTERS**

RUSSIA SCRAMBLES JET TO INTERCEPT US BOMBER

3 Russia scrambled a Sukhoi Su-27 fighter jet on Tuesday to intercept a U.S. B-52 strategic bomber which it said was flying close to its border over the Baltic Sea, Russia's Defense Ministry said. Russian air defense systems detected the bomber at around 10 a.m. Moscow time as it was flying over neutral waters parallel to the Russian border, the ministry said in a statement.



"The Russian SU-27 crew, having approached at a safe distance, identified the aircraft as an American B-52 strategic bomber and escorted it" until such time as it changed course and flew away from the border area, the ministry said. Russia said the SU-27 had been scrambled from its Baltic Fleet air defense unit which is based in Kaliningrad. **REUTERS**

73RD ANNIVERSARY OF THE D-DAY LANDINGS

4 A man dressed with a U.S. 101st airborne division military uniform with an American Stars and Stripes flag walks on France's Utah beach on Tuesday during commemorations marking the 73rd anniversary of D-Day, the June 6, 1944 landings of Allied forces in Normandy. Many people gather each year in Normandy to mark the anniversary of World War II's D-Day landing. **GETTY IMAGES**



**5
THINGS YOU
NEED TO KNOW**

UBER FIRES 20 AFTER HARASSMENT PROBE

5 Uber Technologies Inc. told staff on Tuesday that it had fired 20 employees following an internal investigation into harassment and related claims by law firm Perkins Coie, a person familiar with the matter said. The law firm, which is investigating in parallel with a broader probe by former U.S. Attorney General Eric Holder, investigated 215 harassment complaints going back as far as 2012, employees were told.

Uber told staff it had taken remedial action in 58 cases and decided no action was needed on 100 more. Other investigations are continuing, the person said. The company also told staff it would expand its employee relations unit to better investigate claims and that it would dramatically increase management training since most Uber managers were first-time bosses, the person said. **REUTERS**



WELCOME TO METRO.US!

NIKKI M. MASCALI, REPORTER

Straphangers faced "hell on the F train" during Monday night's commute. New Yorkers were stranded for nearly an hour without light or air conditioning after a train lost power. While many passengers got into various stages of undress, "claustrophobia, panic and heat exhaustion began to set in for many folks," a passenger wrote. **metro.us/news**

PLAY TO WIN

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Every Monday, we pick a random winner from the participants who answered correctly one of the quizzes from the previous week. This week's winner is Amanda Tiradentes.

metro.us/quiz

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How to manage 'terrorphobia'

Dr. Rosenberg advises the following steps:

- Limit news consumption — constant exposure to negative world events inspires negative thinking.
- Stick to your routine — don't stop going to theaters or concerts just because an atrocity occurred in a similar setting.
- Learn to accept uncertainty — we live in an uncertain world.
- When panic sets in, breathe in deeply through your nose and release the breath slowly out your mouth as you count down from five — panic occurs when your brain doesn't get enough oxygen.

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THE GLOBE

Confronting of 24-hour

Psychologist Dr. Steven Rosenberg talks about the effects of "terrorphobia."



ERIN TIERNAN
@ErinTiernan
erin.tiernan@metro.us

Last August a panicked stampede sent bags flying as travelers fled after they heard there was an active shooter at JFK Airport.

In April, rush-hour commuters ran from Penn Station in fear for their lives after a Taser was mistaken for gunshots in a crowded waiting area.

Following the massacre of 89 people at the Bataclan Theater in Paris in November 2015, a vigil erupted into a panic after someone set off firecrackers.

And on Saturday, as a terror attack was ongoing that ultimately left seven dead in London, more than 1,400 people were injured in Turin, Italy, after a loud noise later determined to be fireworks

sparked a stampede in a crowded city square where people had gathered to watch a screening of the Juventus soccer match.

Each of these instances can be traced back to what Dr. Steven Rosenberg calls "terrorphobia."

"This is the type of fear where people fear going out to places because they see nightclubs getting blown up or shot up, people dying," Rosenberg said. "Basically it's the feeling that there's going to be something happening when you go and attend something public, or it's the waiting for some terrorist action to happen and watching the news constantly to monitor."

The prevalence of anxiety disorders is on the rise in the western world. Affecting 18 percent of the U.S. population, anxiety disorders are the most common mental illness in the U.S. as well as in Europe. Rosenberg said that can be traced back to the uncertainty of today's world.



People pause in front of floral tributes in Potters Fields Park on Tuesday following the June 3 terror attack in London.
ALL IMAGES COURTESY GETTY IMAGES

paranoia in the age news coverage

Along with genetics, brain chemistry and personality, a major trigger for anxiety disorders is life events, according to the Anxiety and Depression Association of America. Rosenberg said he believes

ties across the globe. The most recent and reported on attacks being the London Bridge and Borough Market, which claimed seven lives. One week before, 23 were killed when a suicide bomber attacked an Ariana Grande concert in Manchester.

"People see this, read about it, see it and then get themselves involved in it, look

learn to deal with their anxiety, Rosenberg said panic is likely to continue.

The fact that Americans are far more likely to die in a car crash than at the hands of a terrorist might not calm most a terrorphobe's mind, but Rosenberg said the best thing to do is take to a break from the news, maintain your usual routines and try to accept un-

"This is the type of fear where people fear going out places."

Dr. Steven Rosenberg

at it on their phones, watch it on television and get very, very fearful of it," Rosenberg said. "It could happen anywhere, is their thought — while walking down their city street."

It's this constant fear that causes people to panic and events like the recent stampedes to occur in public spaces, Rosenberg said.

Unless people can

certainty in the world.

"And you've got to be looking at the fact that fear is in many cases not real. The acronym for fear is 'False Events Appear Real,' because in your mind you think it's going to happen in own hometown — it's not a real event, but it appears real when you begin talking about it and feeding into it," he said.

overexposure to terrorist attacks in recent years directly correlates with the epidemic of panic and anxiety disorders.

In 2017 alone there have been 535 terrorist attacks with 3,635 fatalities



A woman is comforted during a tribute to the victims in London.



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Who is alleged NSA leaker Reality Winner?

Reality Leigh Winner is accused of leaking NSA documents on the alleged Russian hacking of the 2016 election.



ERIN TIERNAN
@ErinTiernan
erin.tiernan@metro.us

On Monday, a 25-year-old federal contractor was charged with leaking information on Russia's alleged election hacking.

The Intercept published a series of National Security Agency documents alleging interference by Russian hackers beyond what was already known. The documents said Russian hackers had attempted to infiltrate one of the major voting software companies in the U.S. and influence more than 120 local election officials in advance of the November presidential election. The Intercept report said the information came to them anonymously

and noted there is no evidence to suggest the hackers succeeded in compromising voting machines or tabulations.

The Department of Justice has charged Reality Leigh Winner of Augusta, Georgia, under the Espionage Act for allegedly removing classified material from the facility where she worked and mailing it to a news outlet. If convicted, she faces up to 10 years in prison.

An Air Force veteran with a love of CrossFit, yoga and veganism, Winner's online profiles display a disciplined and mannered lifestyle. After sharing some jokes about Winner's unusual name, the world has been left wondering who Reality Winner is and what would motivate her to leak government secrets.

Winner is a 25-year-old NSA contractor who worked for Pluribus International Corp., a defense and intelligence contractor for the U.S. government, in Georgia, according to a DOJ criminal



Reality Leigh Winner, a government contractor with top-secret security clearance, is charged with leaking classified information. [INSTAGRAM/@REEZUE](#)

complaint filed Monday in U.S. District Court. She began working with Pluribus on Feb. 13 and has top-secret security clearance. Winner was raised in Kingsville, Texas, and she served in the Air Force in Maryland for four years. Winner is fluent in Pashto, Farsi and Dari and was a linguist in the Air Force. In high school, she excelled in academics, tennis and athletics, her

mother Billie Winner-Davis told the Guardian. Winner has never been very politically active, Winner-Davis said.

"She's very passionate. Very passionate about her views and things like that, but she's never to my knowledge been active in politics or any of that," she told the Daily Beast.

Winner's social media activity makes it clear the military veteran and

government contractor did not support Donald Trump's election.

On election night, she tweeted, "Well. People suck," using her Twitter alias Sara Winners.

Before the election on Nov. 5, Winner tweeted, "I'd literally eat the original Constitution if that would mean #FourMoreYears of @POTUS"

Recently, she has tweeted at Trump and

about Trump administration policies, condemning the decision to go forward with the Dakota Access pipeline and tweeting out "#RESISTANCE" after the U.S. Department of Agriculture started blacking out public information about animal welfare.

When Trump tweeted that immigrants coming from seven Muslim-majority countries were "SO DANGEROUS," she tweeted back at him asking, "Have you ever even met an Iranian?"

Winner allegedly printed out the classified documents from her work computer on May 9 and mailed them to a news agency several days later, the DOJ criminal complaint says.

On May 30, reporters began reaching out, and they informed the federal government that they were in possession of the classified information on Russian interference in the November election and shared copy with the NSA, who verified the document.

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NY top court: New York City curb on sex shops is constitutional

New York City may enforce a 2001 law to reduce the number of bookshops, dancing clubs and video stores offering sexual content, without violating owners' First Amendment rights, New York State's highest court ruled on Tuesday.

The Court of Appeals' 6-0 reversal of a lower court ruling handed the city a major victory in its two decades-long effort to stop the proliferation of "adult" establishments.

"It is evident as a matter of law that the city met its burden of showing that the adult establishments continued to have a predominant focus on sexually explicit materials and activities," making the law "facially constitutional," Judge Eugene Fahey wrote.

Erica Dubno, a lawyer representing various adult business owners, and Edward Rudofsky, a lawyer representing the Pussycat Lounge and Ten's Cabaret, said they



A neon sign advertises sex videos at a shop in Brooklyn. GETTY IMAGES

were disappointed with the decision and would review their options.

Nick Paolucci, a spokesman for the city's law department, said the decision shows the city "acted reasonably and lawfully to stem the widespread circumvention of zoning regulations intended to protect our quality of life."

The 2001 law sought to plug a gap created six years earlier, when the City Council banned dancing clubs and erotic

stores from residential and most commercial areas, and from within 500 feet of similar businesses, schools and places of worship.

Following a court challenge, the city in 1998 created the "60/40" test, deeming businesses "adult" if at least 40 percent of their area or stock involved sexual content.

But it soon found many businesses in "sham" compliance, often by stuffing PG-rated videos in back rooms while focusing on X-rated wares.

In 2001, the city decided that businesses offering specific services, such as topless dancing or peep booths, would qualify automatically as "adult."

That would have required many businesses to close or move.

A Manhattan judge found the law unconstitutional in August 2012 and was upheld by a divided state appeals court in July 2015. REUTERS

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Presenters: Dr. Alex Moroz; Gerard Gordon, Senior Physical Therapist.

Location: The Center for Musculoskeletal Care.
333 East 38th Street, 6th Floor Conference Room.

RSVP: This lecture is free and open to the public, but you must RSVP. To attend, email belkys.dejesus@nyumc.org or visit nyulangone.org/cmcevents.



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~Evelyn, Manhattan

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Why Knee Arthritis Sufferers Of Almost All Ages Are Opting For Newest Medical Procedures Before Surgery . . .

Fraction of the cost, minimal risk and little to no downtime amongst top reasons

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at **NY Pain MD** because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possible"*

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Precision Arthritis Targeting Technology and did not get good results - this may be why.



"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."

Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Normal Pain-Free Knee Joint **Everyone Wants Proof:**

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis **Pain -**

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging **Failed Treatment -**

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology **Successful Treatment -**

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

Modern Doctor's **FINALLY** Offering These Special Treatments Right Here In New York City

Hundreds of arthritis sufferers from tri state area calling weekly to find out if treatment is right for them. Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to **NY Pain MD** New York City.

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like "joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering nly the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** uses this P.A.T. Imaging Technology. with each and every treatment.

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

Many Insurance Plans Participate:

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Cross Blue Shield & others
*EZ payment plans and financing also available

All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

Call: 8 0 0 8 8 5 K N E E (5633)

Are You Qualified For Knee Arthritis Screening With NYC Pain MD?

- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDs and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give **NY Pain MD** a call and schedule your no obligation knee pain screening

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800-885-KNEE (5633)

New poll: PM May's Conservatives on course for bigger UK majority

The new poll was the first completed entirely after the deadly London terror attack on June 3.

British Prime Minister Theresa May looks on course to increase her parliamentary majority in Thursday's election, an opinion poll showed on Tuesday, shortly after another survey suggested the race with the opposition Labor Party was neck and neck.

Polling firm Opinium said the lead of May's Conservative Party over Labor had widened to seven points, up by a percentage point from its previous poll on Saturday.

The new poll was the first by a major firm that was conducted in its entirety after a deadly attack in London by Islamist mili-



PM Theresa May visits the Cheltenham Science Festival on Tuesday. GETTY IMAGES

tants on June 3. The field work ran from June 4-6.

It put support for the Conservatives at 43 percent, unchanged from Saturday's poll, while Labor fell a point to 36 percent.

"Labour's campaign surge appears to have crested as our final poll of the campaign is the first to see the Tory [Conservative] lead expand rather than contract," said Opinium's head of political polling, Adam Drummond.

"If this is the start of a trend, and it is supported by other work Opinium has done, then it is worth bearing in mind that at the last election 15 percent of voters made their mind up either on polling day or the day before."

British opinion polls have shown a wide range of estimates of support for the two main political parties, adding to scepticism among many critics who hammered the industry for failing to accurately predict the outcome of the 2015 election and last year's referendum vote to exit the European Union.

However, all the polls have shown a steady narrowing of the lead of May's Conservatives over the past three weeks following the publication of the parties' election policy pledges.

Opinium had a Conservative lead of 19 points over Labor early in the campaign.

May began to struggle

after she fielded a plan to make elderly people pay for more of their social care, even though she moved quickly to say there would be a limit on the amount of costs that people would face.

In the wake of Saturday's attack on London by Islamist militants who killed seven people and injured 48, Opinium said its poll showed a significant rise in national security as an issue for voters — 11 percent said antiterrorism policy would influence their vote, up from 2 percent last week.

Respondents said May was the most trusted leader on fighting terrorism and on Brexit, while Labor leader Jeremy Corbyn was most trusted on Britain's health service.

The Opinium poll made for more comfortable reading for May than another one published overnight by Survation which showed her lead over Labor had narrowed to just 1 percentage point.

The Conservatives had a slim 17-seat majority before Parliament was dissolved for the snap election.

The poll, for ITV television, was conducted on Friday and Saturday, before the attack in London. It echoed another Survation poll, published for the Mail on Sunday newspaper, which also gave the Conservatives a one-point lead. REUTERS

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George considers "embarrassing dad" the role of a lifetime, probably.

George & Amal Clooney welcome twins, give them normal names

George Clooney and his wife Amal welcomed twins early Tuesday morning, and I can't.

The couple released a statement, saying "This morning [we] welcomed Ella and Alexander Clooney into [our] lives." Ella and Alexander, you guys! Those are some classy names, if I do say so myself.

The statement added that George is "sedated

and should recover in a few days." Damn, George. We get it. You're preparing for the most rigorous role of your life: embarrassing father. But could you have let Amal have the spotlight for like, a second?

The couple has been married since September 2014, when they celebrated their typically gorgeous star-studded nuptials in Venice. Em-

ily Blunt and Bono were there for some reason.

Anyway, congratulations to the very attractive couple on what will surely be some very good-looking babies!

We need to talk about Lee from "The Bachelorette"

Last night's episode of "The Bachelorette" had its bright spots — looking at you, Hot Alex — and some rather dull ones — oh Fred, honey, no. But beyond all that, we need to talk about s—t-stirring Lee Garrett, who both appears to be this season's villain, but also? The actual worst as far as real-life humans go.

After stirring the pot with



He's the dictionary definition of "the worst." ALL PHOTOS GETTY IMAGES

Iggy and Eric, Lee says to the camera with a smile, "This is the s—t talking night, and it's fun." There is a wet gleam of pure insanity in his eyes, and it's pretty unpleasant to look at.

But also? Last week some old tweets of Lee's popped up, and turns out he's even worse than you imagined.

The posts, which have since been delet-

ed, are racist, sexist and offensive to the LGBT community. I mean, in one he literally asks "What's the difference between NAACP and the KKK? Wait for it... One has the sense of shame to cover their racist a—f—s." Charming!

I know there needs to be some sort of villainous-sea-witch type. But does he have to be so awful?



RACHAEL VAUGHAN CLEMMONS
rachael.clemmons@metro.us

Don't go around calling Rihanna fat

Gwyneth Paltrow doesn't know a dang thing about Goop



Looks like we're all in the same boat.

Gwyneth Paltrow went on "Jimmy Kimmel Live" to admit what we all kind of expected: She doesn't know a dang thing about her lifestyle website, Goop.

Despite claiming that the website is her full-time job, and that she's in the office all day, every day, the 44-year-old doesn't know much about the articles printed in the wellness section.

When asked about earthing — yeah, your

guess is as good as mine — Paltrow basically gives a non-answer worthy of well, nothing. "I don't actually know that much about earthing. ... They say that we lost touch with sort of being barefoot in the earth, and there's some sort of electromagnetic thing that we're missing."

She eventually lets out a cackle and says, "I don't know what the f—k we talk about!"

Gwyneth Paltrow: good at her job and as relatable as ever.

Some man attempted to call out Rihanna for being "fat" last week. And Rihanna is telling us all how she feels about it the best way she can.

Sportswriter Chris Sprags — who? — of Barstool Sports slammed Rih Rih for "enjoying that good room service a bit too long." Yep, this dude is for real.

After dealing with the very predictable



Enough with the body shaming, y'all.

backlash of the post, Barstool Sports' founder David Portnoy took down the article

and suspended Sprags indefinitely. But in a statement, he said he only did it because Sprag's post wasn't funny enough. Ugh.

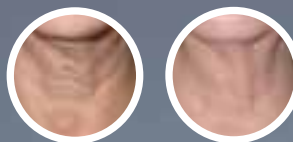
Anyway, Rihanna took to her Instagram to post the greatest meme of our time. Underneath a picture of a chubby Gucci Mane side-by-side

with a slim Gucci Mane, her post read "If you can't handle me at my 2007 Gucci Mane, you don't deserve me at my 2017 Gucci Mane." Queen.

She also showed up to Miami on Tuesday to shoot a music video shamelessly showing off her figure. Her pants? Skin tight, and also doubling as boots. Her top? Giving me chicest-peasant-on-the-farm vibe, except all-the-way transparent. And you know what? She is really working it.

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7 Movies that are actually scary

Here's a bold statement: Most horror films aren't scary. That doesn't mean they're not great. We only mean that, technically speaking, they're not the dictionary definition of "scary." Classic monster movies, slasher movies — they may provide a couple good jumps, some "boo!" moments, some iconic creatures. But they offer only momentary thrills. They don't get at something deeper, don't get at what's really and truly scary. But some do. The excellent new "It Comes at Night," out Friday, is one. Here's seven others we find scary — and they're not all of them horror. **MATT PRIGGE**



"Halloween" (1978)

The movie that invented the slasher genre doesn't have that many kills. In fact, we find it so much freakier before the grown-up Michael Myers starts picking off horn-dog teens with a butcher knife. It's all about the first 45 minutes, which is nothing but Myers stalking his prey — following them around, spying on what they're doing, hanging back but for who knows how long? Every time he doesn't go in for the kill, we grow sicker and sicker with anticipation.

"Alien" (1979)

The first "Alien" is a slasher pic, too, and another one that greatly delays the murdering. The deaths are scary, too — the part where (spoiler) is murdered in the air ducts is one of the few totally successfully, noncheap "boo!" scares in cinema. But what really gets under our skin is the idea underneath it: that humans are insignificant, that they can handily be wiped out by an alien species whose only motivation is murder. Then again, at this point, it will probably be us, not space monsters, who kill us all.



"The Blair Witch Project" (1999)

Almost two decades of humbug found footage knockoffs have done little to tarnish the blockbuster that made them huge. But for all its stomach-churning shaky-cam — a quick moment of bottomless sympathy to those who saw this in the front row of theaters back in the day — it's the portrait of increasing fear and madness that hurts the most. Our foolish trio really do seem like people way in over their heads. And that we never got an answer to what killed them makes it all the scarier — except that a terrible sequel made the subsequent year and a bad reboot-sequel from last summer cruelly tried to ruin its mysteries. And neither of them has a scene as harrowing as Heather Donahue's snot-heavy confessional.



"The Exorcist" (1973)

We aren't Catholic, or even religious, but if we were, we'd totally think this was the scariest movie ever made. Imagine if all the fire and brimstone priests talked about was real. What if Satan existed and could possess a teenage girl (Linda Blair)? What if priests really would have to have a holy water-and-prayers showdown with the Dark Lord himself? We don't believe in any of this stuff, and yet William Friedkin's classic still freaks us the hell out.

"The Fly" (1986)

There are vomit-y special effects aplenty in David Cronenberg's radical reimagining of the Vincent Price classic, in which a man turns into a fly — except in Cronenberg's version, the transformation is slow and devastating. In fact, the movie, released at the height of the AIDS crisis, plays a lot like watching someone you love gradually succumb to a terrible disease. That it happens to Jeff Goldblum at his most Goldblumiest makes it all the more wrenching.



"Audition" (1999)

Imagine an Eric Rohmer film that turns into an Eli Roth gorefest. No, that's not such a bad matchup — at least when Japanese extreme horror director Takashi Miike does it. In Miike's most shocking film — even more so than "Ichi the Killer," which features scores of nasty business with blades — a sad sack middle-aged widower overcomes his grief by tricking a nice, quiet, docile woman into loving him. It seems sweet. We don't want to talk about what happens in the last half-hour; we're still talking about it with our therapist.

"The War Game" (1965)

This isn't a horror film, except that it kind of is: It's a fake documentary by the political filmmaker Peter Watkins, which imagines what would happen if England was subject to a nuclear attack. First, there's the carnage, rendered in realistic detail. Just as scary, though, is how poorly the government would handle devastation so total — how unprepared they are, how many services would be tied up in bureaucratic red tape, how little hope there is for the survivors. Maybe now's not the time to watch this.



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Danny Huston plays General Erich Ludendorff, one of the main baddies in "Wonder Woman," now in theaters. WARNER BROS. PICTURES

Danny Huston on 'Wonder Woman,' comic books and ABBA

The actor loves when popular art is subversive, including his new superhero movie.



MATT PRIGGE
@mattprigge
matt.prigge@metro.us

ality. His father is John Huston, the legendary filmmaker of "The Maltese Falcon" and "The Treasure of the Sierra Madre." His half-sister is Anjelica Huston. His nephew, Jack, starred in last year's redo of "Ben-Hur."

Though his father was one of Classic Hollywood's manliest men, Huston didn't come up to think in macho terms. "I'm lucky to be surrounded by strong women," he says. "My sister Anjelica has been an angel all my life. My mother, though she's quite petite, is powerful and strong. As is my daughter."

That makes him an ideal fit for "Wonder Woman," the first big superhero movie since 2005's "Elektra" with a female superhero, as well as directed by a woman, "Monster" director Patty Jenkins. He does point out, however, that women taking key roles in Hollywood is nothing new.

"Since the birth of cinema, women have had great, powerful roles," he remarks. "But it's about time that a superhero film of this size celebrates a woman in this way."

Danny Huston may not be a comic book nerd, but he gets it. He gets that the movies spawned from them — including "Wonder Woman," in which he plays World War I German General Erich Ludendorff, one of the main villains — aren't mere escapism.

"It's easy to dismiss them, but there's a real truth in their essence," Huston tells us. "You think they're feel-good films for kids and teenagers, but actually the underlying message can be quite dark in examining the human condition."

During our chat, the actor — a go-to character actor, seen in "Birth," "The Constant Gardener," "Robin Hood" and twice on "American Horror Story" — regularly compares comics to Greek mythology. Sure enough, the film wrestles with ideas as big as they come, namely war and peace.

"The message is simple — one could even think of it as being naive. But it's absolutely truthful. It's about how love conquers all," Huston says.

It makes sense for Huston to speak of "Wonder Woman" not as a comic book movie but in classical terms. After all, he's Hollywood royalty.



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There's no food to eat at New York City's newest bodega, because everything at 8 Till Late is made of felt.

The pop-up bodega, now open for four weeks next to The Standard High Line's seasonal biergarten, is fully stocked with everything from canned goods to toiletries like any regular corner store, except it's they're all plush toys.

The 1,200 square-foot store — wonder what that adds up to in yards of yarn — is the largest installation for British artist Lucy Sparrow, who's making her NYC debut with the help of a Kickstarter campaign.

Her first such project, Cornershop in the U.K., opened in 2014 to rave reviews, and its American version is — insert

rimshot here — even bigger. Customers can walk among the aisles and fill an actual shopping basket full of huggable bags of Doritos and boxes of Lucky Charms, browse a fridge full of felt treats like frozen pizza and Gatorade, and even make their own fabric sandwiches at the deli counter.

There's even a hot dog stand right outside the



All of the goods at 8 Till Late are hand-stitched. PROVIDED

shop, where your condiments include glitter glue mustard and ketchup. Every item is hand-stitched and available for sale, with prices ranging from \$12.90 for a candy bar to \$64.50 for a pint of Ben & Jerry's Phish Food.

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Plush play food may not seem like a medium for social commentary, but Sparrow's bodega also has a message about the demise of the real-world neighborhood corner store and the identical chain supermarkets and convenience stores replacing them.

"I want the work to make people think about the loss of community spaces when these small corner shops disappear," Sparrow says in a statement, "to remind them how valuable these corner shops really are and the color they bring to our lives."

In that community spirit, 8 Till Late will host a singles night called 8 Till Date and other weekly events, like a lottery to win one of the plushies. What's more New York than finding love in a bodega?

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— Luern, 42

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— Tanja, 38

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Ben Pan credits Winzone's success to its unique commission structure. GETTY IMAGES

How a mailman built the biggest brokerage in Queens

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Winzone has over 700 agents in the borough and closed \$454M in sales there between April 2016 and March 2017.

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THE REAL DEAL

In 2001, Ben Pan split his days between working as a letter carrier for the U.S. Postal Service and working at a brokerage on the side. For three years, he would finish his mail route early, hit the books and prepare for his real-estate exam.

His company, Winzone Realty, was born in 2002. It wasn't an immediate success, as Pan struggled to keep hold of his 10 agents, losing

talent to bigger-name franchises. But he kept at it, and today, Winzone is the biggest brokerage in Queens, both by agent count and sales volume. And it plans to get even bigger.

"We just keep hiring," Pan said. "In the last two days, I had eight new agents join."

Agents keep their commission

The firm, based in an expansive office on Queens Boulevard featuring landscape paintings from China and a suit of armor, has been the top brokerage in Queens for the past two years, according to The Real Deal's analysis of MLS data. In the 12-month period ending March 31, 2017, it did about \$454 million in sales across 794 deals, up 24 percent year-over-year.

Those numbers put

it more than \$100 million ahead of its closest competitors, East Coast Realtors, which sold about \$340 million in the same period, and Keller Williams Realty Landmark, which did about \$333 million.

Pan credited the company's commission structure as a key reason for being able to scale. The firm lets its agents keep 100 percent of their commissions and gives them two options for making payments to Winzone: either a \$488 transaction fee per closing sale, or a \$288 fee per sale along with a \$28 monthly fee.

"When I started the company, we charged like 80-20," Pan said, "but in one year, we only had, like, 10 agents."

The firm had grown to about 120 agents by 2013 when Pan switched to a 100-percent-com-

mission model, and its agent count has ballooned since then. About two-thirds of Winzone's agents work full-time, while the rest generally close just one or two deals a year, according to Pan. The business is evenly split between rentals and sales, he said.

"Their fee structure is very competitive in the market, so they built a brand," said Peter Murdakhayev, a broker who has been with Winzone for about five years. Several other agents at the firm echoed his point.

But letting agents keep all of their commissions means that the firm, and Pan, don't benefit from a trophy sale the same way other firms do. Whether a Winzone agent sells a \$100,000 home or a \$10 million one, the firm makes a maximum of \$488. The second-largest firm in Queens is Keller Williams Realty Landmark, where agents keep 70 percent of their commissions.

Cashing in on boom in Flushing

Some of Winzone's biggest deals of the past year included a \$2.5 million residential sale on 41st Avenue in Flushing,

a \$1.5 million residential sale on 161st Street in Flushing and a \$1.4 million residential sale on 69th Street in Woodside, MLS data show.

One of Winzone's strongholds is Flushing, which is in the spotlight these days thanks to projects such as Onex Real Estate's Sky View Parc and Flushing Commons, a \$1 billion, 1.1 million-square-foot mixed-use development. George Xu's Century Development Group has multiple big projects in the works as well, including two — the Farrington and North-ern Tower — that will include residential, retail and hotel components.

Since 2010, more than 2,600 condominiums have been built in the neighborhood, and between 2,400 and 2,800 could hit the market by 2021, with a greater share of them going the luxury route, according to a recent analysis by real estate consultant Nancy Packes.

Pan isn't concerned that the shift to luxury will lead to increased competition in the neighborhood from bigger brokerage brands, repeatedly insisting that "they cannot survive

here" without making some changes, especially to their commission structures.

"I think maybe they need more Asian agents," he said. "I think there are some policies that might need changing."

The clients

Winzone's buyers are typically Asian clients who have been in the country for about five years and can afford large down payments, according to Pan. The neighborhood is also popular with Chinese parents looking to find a place for their children to live while they attend school in the U.S., and it is very common for clients to see their properties as investments rather than as residences, Pan said.

Winzone plans to keep growing by opening a new office in Flushing next year close to the No. 7 train station, but it is focusing outside the city for further expansion. Pan said Long Island and New Jersey were more on his radar than Manhattan, as he views those as markets where his commission structure is more feasible. **EDDIE SMALL**

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Jets notebook: Harris released, Lee under investigation

Head coach Todd Bowles had to address plenty of off-field happenings at Jets OTAs on Tuesday.

TONY WILLIAMS
@TBone8
sports@metro.us

The NFL is a cold world, with very little loyalty. Veteran linebacker David Harris, found that out the hard way.

The defense's linchpin was released by the Jets on Tuesday, just days after reuniting with linebacker Demario Davis, who arrived from Cleveland via the Calvin Pryor trade.

Harris was in the final year of his three-year, \$21 million contract and was widely regarded for

his services.

The fact that he played one of the game's most physical positions and played every snap from 2009-2015 was a badge of honor to him. But that's no longer the case, as the team received some flexibility in the linebacker unit with the addition of Davis.

This season would've been his 11th with the team, but the Jets felt it was time for a change.

Releasing Harris garnered the Jets approximately \$6.5 million in salary cap space. The team reportedly tried to work out a pay cut despite none of that salary being guaranteed.

When those talks broke down, Harris got the ax, meaning this transaction has the smell of a cost-cutting move.

Head coach Todd Bowles didn't seem too happy with it but didn't rock the boat, either. He stated it was "an organizational decision," adding, the team went this direction, once the "salary reduction talks broke down. ... It's part of the business. It's never an easy thing to go through."

"David was a Jet his whole life and bled green," Bowles said. "He was a guy who was well-liked in the whole building by management, coaches and players alike."

This certainly is not the way Gang Green die-hards foresaw this offseason unfolding, but such is the life of today's collectively bargained NFL. It doesn't matter how adored a player is, 99 percent of the league is considered expendable, even someone like Harris



David Harris' 10-year tenure with the Jets came to a sudden close on Tuesday after he was cut. GETTY IMAGES

who actually reported to work on Tuesday, ran with the first-team defense. Soon after he found out he was unemployed.

Harris reportedly had "no idea" the move was coming.

"It was unexpected, but it's the NFL," reasoned Harris. "Crazy stuff happens all the time."

The team will now need to find someone to replicate his on-field production (35 sacks and six interceptions in 154 ca-

reer games) and duplicate his leadership.

Second-year linebacker Darron Lee has to take that leap, not the viral video one which he's currently under scrutiny.

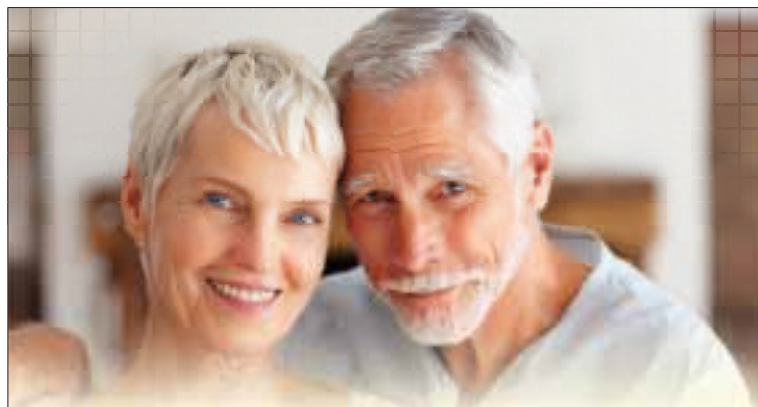
The league offices are investigating Lee under the personal-conduct policy, but the Jets announced that the young linebacker won't be disciplined by the team.

Bowles noted the altercation, stating that Lee was involved in "an argu-

ment with his girlfriend," adding that after "talking with about 10 people about the incident," he didn't see any reasons to punish the player.

Bowles also offered that they expect a lot out of Lee this coming season. He'll need to expedite that ascension now that Harris is gone.

"He knows — and I told him this — that he has to do a better job [of staying out of trouble]," reasoned Bowles.



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Mets running out of reasons to keep Amed Rosario in minors

The New York Mets, once again hobbled by injuries, have watched their 2017 campaign all but go up in smoke within the first two months.

A spark is needed and with the Washington Nationals dominating the NL East, the Mets can't afford to wait around for those injured players to return.

There is a spark looming in the minors, but there seems to be a reluctance to bring him up.

Shortstop Amed Rosario, ranked the third-best prospect by Major League Baseball, has been ripping it up in triple-A this season.

In 232 at-bats, the 21-year-old is batting .345 with five homers and 40 RBI. His glove has been even better with a .952 fielding percentage.

"One evaluator," told MetsBlog.com that his defense was MLB ready but his bat wasn't. He needs to exhibit more patience at the plate.



Mets prospect Amed Rosario is scorching in Triple-A. GETTY IMAGES

The numbers suggest that he is correct as his .385 on-base percentage should be better with such a high average. He's drawn just 15 walks compared to 42 strikeouts.

Regardless, his high-average prospects and ability to hit to all fields could help turn things around in Queens even if his patience at the plate is a work in progress.

The Mets could have been holding Rosario back due to financial reasons, due to the Super

2 cutoff.

For those who don't know what the Super 2 cutoff is, it is a designation allowing players to become eligible for salary arbitration before they reach three years of MLB service time. Had the Mets called up Rosario before the cutoff date, they would be forced to go through arbitration four times before he became a free agent.

The date always varies and remains unknown at the moment, but the cutoff usually trends around the 65th service day of the year. As of Wednesday, the MLB season is on its 67th service day.

So the excuses for keeping one of baseball's best prospects in the minors are continuing to run out. If the Mets want to show their fan base that they are committed to competing in 2017, they'll make the call for Rosario sooner rather than later.

JOE PANTORNO

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KNICKS 2017 NBA DRAFT PROFILE: JUSTIN JACKSON

Metro New York will try and deduce the Knicks' possible selections with the No. 8 pick of the 2017 NBA draft. Check previous issues to see breakdowns of NC State's Dennis Smith, French youngster Frank Ntilikina and Kentucky's Malik Monk.

JOE PANTORNO

Unselfishness

The 6-foot-8 Jackson brings a much-different game compared to the team's current point guard, Carmelo Anthony. While he is a talented offensive threat, Jackson also possesses impressive court vision that helps open up easier scoring opportunities for his team.

Mobility

There is no question that Jackson moves pretty well on the ball. He exhibited that during UNC's run to the national title. However, he is not the most explosive player, which could hinder his ability to get to the hoop.



IMAGE COURTESY
GETTY IMAGES

Improving Shooter

Jackson is nowhere near the top shooter in this year's draft class, but his work ethic is one of the best. Last season, he was a 29 percent shooter from 3-point range, which was one of the largest holes in his game. In 2016-17, that number improved to 37 percent.

2016-17 STATS

39

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THROUGH CERTIFICATES,
SERIES 2007-AR5;
Plaintiff(s) vs.
FAITH ESIMAL; et al;
Defendant(s)

Attorney(s) for Plaintiff(s):
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Across

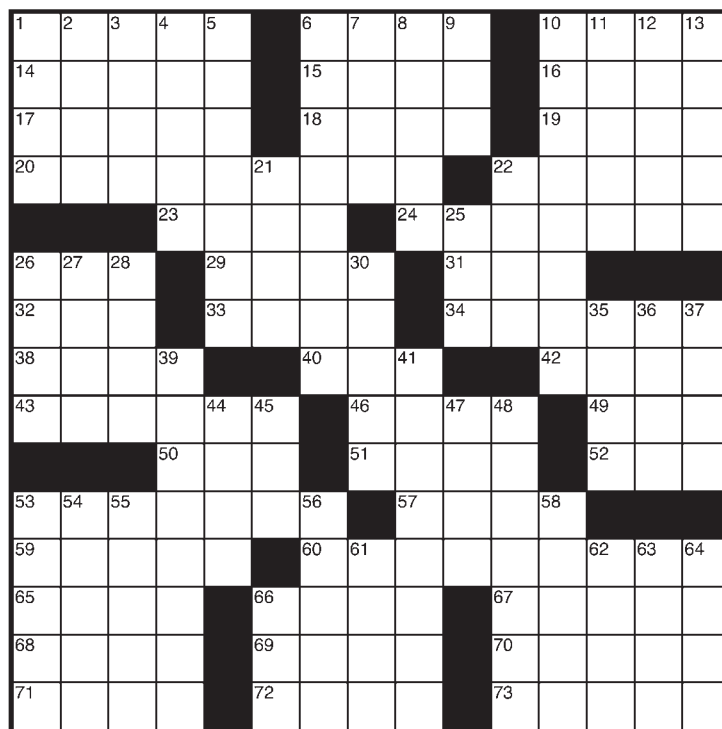
- 1 Out-of-uniform garb
- 6 Grant
- 10 Pole on a ship
- 14 Completely drench
- 15 Yeas for matadors
- 16 Radius neighbor
- 17 Mumbai wraps
- 18 La -- (weather worry)
- 19 Hoax
- 20 They're not required
- 22 Riverbank
- 23 Move gingerly
- 24 Rare form of beryl
- 26 PC monitor
- 29 Orchid-loving Wolfe
- 31 El Dorado loot
- 32 Mark of Zorro
- 33 D'Urberville girl
- 34 Flower -- (hippies)
- 38 Half of A.D.
- 40 Hoop site
- 42 Naturalist John --
- 43 Put on sale
- 46 Notorious pirate
- 49 Canadian prov.
- 50 One of 10
- 51 Dated hairdo
- 52 Puffin kin
- 53 Drab-colored bird
- 57 Hack's customer
- 59 UFO captive?
- 60 In a hesitant manner

Down

- 65 Thrilled
- 66 Garr of "Young Frankenstein"
- 67 Deep Nevada lake
- 68 Like a pittance
- 69 Artery complement
- 70 Humpback refuge
- 71 Versatile vehicles
- 72 Dross
- 73 Arises from

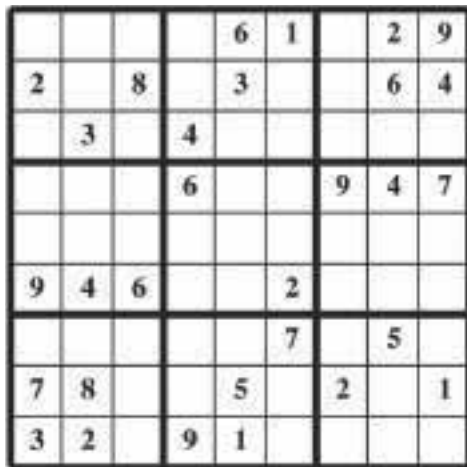
- 5 Jiffy
- 6 Poetry in prison?
- 7 Newsman -- Abel
- 8 Heavy for its size
- 9 That, in Taxco
- 10 Pizza topping
- 11 Bauxite giant
- 12 Show teeth
- 13 Docile
- 21 Um-hmm (2 wds.)
- 22 Parched
- 25 Thick head of hair
- 26 Industry magnate
- 27 -- Russo, of "Tin Cup"
- 28 Mind
- 30 Port near Kyoto
- 35 Butterfly stage
- 36 "Instead of" word
- 37 Mr. Estrada
- 39 Shocks
- 41 Leafing through
- 44 Hayseed humor
- 45 Want-ad abbr.
- 47 Heck!
- 48 Triangular chips
- 53 Famed orca
- 54 Seattle's Sound
- 55 Love, to Luigi
- 56 Walk a bicycle
- 58 Pass, as a bill
- 61 Met highlight
- 62 Clarified butter
- 63 Good dirt
- 64 Sudden urges
- 66 HBO receivers

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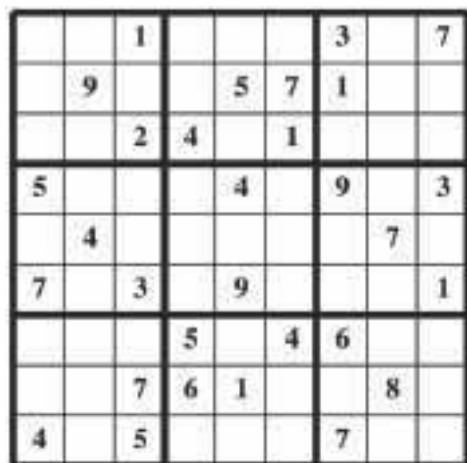


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easy



hard



metro.us/horoscopes



Aries A financial deal can be negotiated and will bring about positive professional or personal changes. Physical alterations will lead to compliments.



Taurus Let your imagination run wild. Take a closer look at unusual ways to use your skills. Expand your ideas and be open to suggestions made by different people.



Gemini Delegate responsibilities to people you know can handle the job, while you stick to what you do best. The extra time will give you the chance to add your unique touch.



Cancer Your charm, intent and desire to get things done will help you talk others into assisting you. An unusual partnership will entice you to do things differently.



Leo If you pour your time and effort into helping others, you will get great satisfaction from what you accomplish. Your good deed won't go unnoticed.



Virgo A conscientious attitude will encourage truth. Think about what you want to say before you blurt it out. Treat others fairly, but don't let anyone take advantage of you.



Libra Emotional energy correctly channeled can bring about positive gains. If you share your ideas, you will drum up acceptance from peers, friends and relatives.



Scorpio Money matters, medical issues and contracts are best looked at carefully. Refuse to let an emotional situation cloud your vision and cause you to make a poor decision.



Sagittarius Keeping secrets can make you look bad. You are best off being up-front and honest about your feelings and plans. Don't meddle, gossip or be misleading.



Capricorn Working with your peers will bring good results. Taking a different approach to a job or putting more physical energy into what you do will pay off.

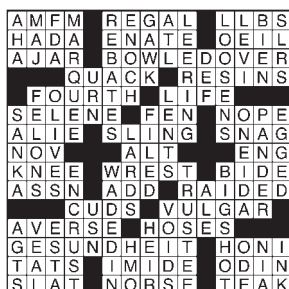


Aquarius Your disciplined approach to your actions and the way you help others will be enough to promote your assets. A vocational opportunity should be considered.



Pisces An unusual opportunity will come from an unlikely source. Put your time and energy into making the changes that will serve what you want to achieve. **EUGENIA LAST**

Yesterday's answers



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